

Wu For You Informed Consent

I, _____ am aware that Jill Wu is a Certified Life Coach. She is not a medical Doctor who can prescribe medication. If you have been diagnosed with a DSM Disorder, you must also be under the care of a Psychiatrist in addition to the work done here at Wu For You. Jill has graduated with two graduate level degrees. She has also completed Life Certification, Hypnotist Certification, and Hypnotherapist Certification. Her undergraduate work was at Chapman University. In 2009, Jill graduated with her MBA from University of Phoenix. In 2013, Jill graduated from National University with her Masters in Counseling. Jill has experience counseling children, couples, individuals and families.

If you take suggestion, communicate your needs, and come to every appointment, you should see significant changes during the third month. Of course this varies depending on severity and outside life circumstances. By signing this you are agreeing to give it your all to commit to six months of sessions. It may take less time, however the effectiveness of the coaching depends on your attendance and how you prioritize our work together. I, _____ will try my best to commit to attending weekly sessions for the recommended length of time. I realize that sometimes therapy will reveal painful issue that seem to feel worse before they get better. I will not give up and quit during this process. I will contact Jill 24 hours in advance if I need to reschedule or I will still be financially responsible for the appointment

The laws of confidentiality are the same at her office as in any medical or mental health institution. Nothing said in her will be discussed with anyone outside this office. If you run into Jill outside the office, she will pretend not to know you unless you say something first as to protect your anonymity. These visits are private and professional. The only way that Jill will break confidentiality is if you say that you are going to hurt yourself or another person and Jill has a reason to believe that you mean it. Suicide, homicide, elderly, disabled, or child abuse is not protected under the laws of confidentiality.

There may also be a chance that you decide you would like to bring a person into a session for Jill to mediate a confrontation or discussion. This is often helpful to practice communication techniques in a therapeutic environment

Signature

date